

## St John's DermAcademy Podcasts by Dr Justin Bui

### Episode 10. Vitiligo - Part 1: An introduction and practical approach



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#### In this episode we discuss...

- What is vitiligo?
- The changing perception of vitiligo as a skin disease
- An approach to examining patients with vitiligo
- Other conditions associated with vitiligo

#### Resources and further reading:

- MyVitiligoTeam: <https://www.myvitiligoteam.com/>
- Changing faces: <https://www.changingfaces.org.uk/>
- The Vitiligo Society: <https://www.kooth.com/>
- Headspace app: <https://www.headspace.com/>
- NHS UK: <https://www.nhs.uk/conditions/vitiligo/treatment/>
- Rashighi M, Harris JE. Vitiligo Pathogenesis and Emerging Treatments. *Dermatol Clin.* 2017;35(2):257-265.
- Saleem MD, Oussedik E, Schoch JJ, Berger AC, Picardo M. Acquired disorders with depigmentation: a systematic approach to vitiliginoid conditions. *Journal of the American Academy of Dermatology.* 2019 May 1;80(5):1215-31.
- Ezzedine, Khaled, Vaneeta Sheth, Michelle Rodrigues, Viktoria Eleftheriadou, John E. Harris, Iltefat H. Hamzavi, Amit G. Pandya, and Vitiligo Working Group. 2015. "Vitiligo Is Not a Cosmetic Disease." *Journal of the American Academy of Dermatology* 73 (5): 883–85.
- Picardo, Mauro, Maria L. Dell'Anna, Khaled Ezzedine, Iltefat Hamzavi, John E. Harris, Davinder Parsad, and Alain Taieb. 2015. "Vitiligo." *Nature Reviews Disease Primers* 1: 15011.