

# ST JOHN'S DERM ACADEMY

INSIDE THIS ISSUE: DermAcademy Autumn/Winter 2021 educational webinars for health care professionals, new educational resources, funding to support education and reports of recent training events.

Summer 2021 Issue 4

Welcome to the fourth edition of our St John's DermAcademy newsletter. Our mission is to provide high quality educational opportunities to healthcare professionals and promote evidence-based diagnosis and management of skin disease. We are excited to launch our Autumn events and we are delighted to showcase highlights from the forthcoming programme in this newsletter. Reserve your place now at <a href="https://www.stjohnsdermacademy.com/">https://www.stjohnsdermacademy.com/</a>

# Autumn/Winter 2021 Educational Events for Healthcare Professionals

#### Dermoscopy 1-day webinar, 9<sup>th</sup> September 2021

Our annual Dermoscopy course, chaired by Dr Rakesh Patalay and Dr Katie Lacy, showcases lectures from international Dermoscopy experts Professor Giuseppe Argenziano, Dr Enzo Errichetti, Dr Ben Esdaile and Dr Catherine Stefanato. We will cover naevi surveillance, acral skin, melanoma, vascular and inflammatory lesions, non melanoma skin cancer and more. The webinar will intersperse lectures with live dermoscopy quizzes.



L-R: Professor Giuseppe Argenziano, Dr Enzo Errichetti, Dr Ben Esdaile

#### High Intensity Dermatology SCE Revision 1-day webinar, 16<sup>th</sup> September 2021



In September this year, 6 weeks before the SCE exam, we will hold an intensive revision course focusing on key facts and concepts essential the for the exam and offer delegates the opportunity to practice answering MCQs in the format of the exam. The course and its programme was developed by Dr Amr Salam and is delivered by Senior Dermatology Registrars and Consultants.

L-R: Dr Amr Salam, Dr Louise Cunningham, Dr Alison Sears, Dr Hayley Leeman, Dr Khushboo Sinha, Dr Eugene Ong, Dr Sophie Momen, Dr Bjorn Thomas, Dr Miriam Fitzgerald, Dr Sarah Mehrtens, Dr Lucy Thomas, Dr Xinyi Du

# Autumn/Winter Educational Events for Healthcare Professionals

## Atopic Dermatitis Masterclass afternoon webinar, 30<sup>th</sup> September 2021

This half-day webinar chaired by Professor Catherine Smith and Dr Andrew Pink gives an overview and update on the pathogenesis, assessment and management of atopic dermatitis and related comorbidities. The session on therapeutics will cover treatment-related decision making, and practical tips on prescribing dupilumab and JAK inhibitors, including safety considerations.



#### **Common Dermatological Diseases - A practical overview.** 1-day webinar, 8<sup>th</sup> October 2021

This one day webinar chaired by Dr Natalie Attard provides a comprehensive overview of common dermatological disorders. Emphasis is placed on practical tips and current evidence-based management guidelines for conditions including acne, urticaria, eczema and drug rashes. Throughout the programme case studies will be used to highlight current treatments and to combine theory and clinical practice.



# **Epidermolysis Bullosa Course** 2-day webinar, 11<sup>th</sup> and 12<sup>th</sup> November 2021

We are delighted to deliver this popular two day course focused on the rare, genetically inherited condition Epidermolysis Bullosa (EB). This will be delivered by EB Clinical Nurse Specialists and leading Consultant Physicians and Surgeons from Guy's & St Thomas' NHS Foundation Trust and Great Ormond Street Hospital. We will cover a range of topics including best practices for skin care, dental and dietetic management, endocrine and pain management from newborns to adults.







GSTT Adult EB CNS Team L-R: Charlotte Raines, Chris Bloor, Karen Snelson, Kati Paalosalo-Harris, Caroline Mackenzie, Annette Downe



Great Ormond Street Hospital EB CNS Team L-R: Janet Hanson, Katie Plevey, Sophie Randall, Finola Sheehan

## Paediatric Dermatology 2-day webinar, 2<sup>nd</sup> and 3<sup>rd</sup> December 2021



We are excited to announce this new 2-day virtual course delivered by the specialist Paediatric Dermatology team at the St John's Institute of Dermatology. This comprehensive programme will cover acute, common and rare paediatric skin conditions with an expert led multidisciplinary section on vascular anomalies. The course combines presentations, cases, quizzes and panel Q&A.

# Clinical Dermatology Care Course for Nurses September - December 2021

The annual Clinical Dermatology Care Course for Nurses and AHP's continues to run in an online format over the autumn term. This year the students will access an interactive learning platform which hosts pre-recorded lectures and videos with interactive learning tasks. Students will also be able to communicate with each other through a discussion board. Self-directed learning is supplemented with 6 live webinars.



From left to right: Nurse Consultants and Course Co-Directors Lucy Moorhead and Karina Jackson.

## Supporting learning and education

We are committed to promoting and supporting education of healthcare professionals in dermatology. This year we are supporting 13 nurses and 1 clinical trials practitioner at St John's to undertake the Clinical Dermatology Care Course. Dr Alison Sears, our current fellow in Medical Education and Medical Dermatology, was awarded a scholarship to undertake a Diploma in Medical Education. We sponsored 6 of our St John's Institute of Dermatology SpR doctors to attend the British Association of Dermatologists Annual Meeting and through the COVID-19 PGME Training Recovery Fund, have enabled our NTN doctors to attend our 2021 autumn webinars without charge. We also continue to offer subsidised tickets to dermatology trainees, nurses and other healthcare professionals who wish to attend our courses. Please email info@stjohnsdermacadmy.com for further information.

After 18 months of Covid restrictions, plans are coming together to run the 2-day skin biopsy course for nurses face to face this November. The number of delegates is limited (max. 20) so that high quality supervision can be provided for the surgical skills sessions. The course is led by nurse specialists Serhiy Aleksyeyenko, Rosalyn Dona and Maria Cerda, with support from Dr Rakesh Patalay and the DSLU team.



# St John's DermAcademy Preceptorship events for Industry Partners in 2021

In 2021 we expanded our Preceptorship Programme and hosted four educational days for industry in Eczema and Psoriasis. We pioneered a new virtual model to facilitate direct engagement between delegates and patient speakers in order to share the experiences of people living with eczema/psoriasis. The strength of these programmes stems from the expert multidisciplinary involvement from the whole medical dermatology team and we were delighted with the positive feedback received from delegates.

## St John's DermAcademy Podcasts

Our podcasts are for healthcare professionals including dermatology consultants, dermatology trainees, GPs and specialist nurses. They have received 4,685 downloads globally to date.

The aim of our podcasts is to update and share practical tips on how experts in their field diagnose and treat common dermatological conditions. Our short episodes can easily be listened to whilst on the go. We hope you find these podcasts a useful way to stay up to date and build your knowledge and skills in dermatology. You can listen to our podcast at: <u>https://www.stjohnsdermacademy.com/podcasts</u> as well as a number of platforms including Apple, Spotify and other podcast apps.

Once you've listened to our podcast, we would love to hear your feedback and suggestions for future topics. Please submit your feedback via the following link:

https://www.surveymonkey.co.uk/r/F7MRGNN





Episode 6: PART 1– Acne scarring: Introduction to atrophic acne scarring

Episode 7: PART 2– Acne scarring: Treating atrophic acne scars

Dr Alexandra Paolino interviews Dr Rakesh Patalay

**COMING SOON!** Episodes 8 and 9:

Dr Alison Sears interviews Dr Susannah Baron and Dr Rukshana Ali on Paediatric psychodermatology.



# St John's DermAcademy are Quality in Care (QiC) 2021 Finalists!



# Feedback from our webinar attendees:

- *"Really beneficial course and well targeted to clinical / practical use and update on new research."*
- "Very informative and pitched at the right level. A good way to keep up to date in the field."
- "Advanced for the right level of audience I think! All very useful and topics engaging."
- "Good spread and depth of topics."
- "Definitely went away thinking I had more confidence in approaching management. Clear and concise. Excellent practical tips."
- "Very interesting and relevant content."
- "Very good programme and range of speakers, thank you. There was a huge amount of material covered which was excellent."
- "Great course one of the best virtual courses I've attended in terms of content."
- "Excellent delivery, content and relevance."
- "Excellent talks which I think will be very helpful for my clinical practice."
- *"Excellent. Very useful, interesting and evidence based. It's extremely important as in a busy general clinic other co-morbidity can be missed so it's a great reminder of the importance of these."*
- "Excellent. This was extremely clear and engaging but also very exciting to hear all the upcoming therapies that may become available to this patient group. I was looking forward to this talk and it delivered more than expected."
- "I love the practical application of knowledge for me it fixes the learning in place."



#### Reports on educational events for health care professionals held since Issue 3

#### Hidradenitis Suppurativa Masterclass, 11<sup>th</sup> December 2020

This half day masterclass provided an overview and update on the diagnosis, holistic assessment and management options for people with hidradenitis suppurativa. The course was led by St John's Institute of Dermatology Hidradenitis Suppurativa service. Faculty include consultant dermatologists: Dr Helena Malhomme, Dr Ellie Rashid and Dr Felicity Ferguson.



L-R: Dr Helena Malhomme, Dr Ellie Rashid, Dr Felicity Ferguson

#### Psychodermatology Course, 28<sup>th</sup> January 2021



This 1-day live webinar covered key aspects of adult and paediatric psychodermatology, including habit reversal, communication skills, psychopharmacology and how to manage compulsive behaviours and was very successful. We invited submissions of research/case report abstracts and questions for the "Ask the Experts" panel. The day was chaired by Dr Susannah Baron and her excellent team. We will be running this webinar again in January 2022 so please visit our website for details.

#### 10<sup>th</sup> Allergy and The Skin webinar, 17<sup>th</sup> May 2021

The webinar attracted >200 delegates, who joined us to learn about current practice, important clinical challenges and recent advances in allergy diagnostics in both adults and children. This webinar was held in collaboration with the KCL Allergy Academy and our key international speakers were Professor Peter Schmid-Grendelmeier from Zurich and Professor Scott Sicherer from New York. The course directors were Professor Carsten Flohr and Dr Alexandra Santos, joined by Dr Tom Marrs.



From top L-R: Professor Carsten Flohr, Dr Alexandra Santos, Dr Alison Sears, Professor Peter Schmid-Grendelmeier, Dr Tom Marrs

Please see our website and social media for updates on courses and other educational content:

www.stjohnsdermacademy.com



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over the content and delivery of our educational events and resources.

St John's DermAcademy would like to thank our partners for their ongoing support: Abbvie, Almirall, Lilly, Novartis, Sanofi, UCB. Our partners have no influence





Guy's and St Thomas' NHS NHS Foundation Trust