

## St John's DermAcademy Podcasts by Dr Justin Bui

### Episode 13: Vulval skin conditions - Part 2: Management



Dr Fiona M Lewis MB BCH, MD FRCP

Consultant Dermatologist, St John's Institute of Dermatology  
Guy's and St Thomas' NHS Foundation Trust

#### In this episode we discuss...

- Management of lichen sclerosus, including what to do when topical steroids are not effective
- Management of vulval eczema and psoriasis
- When to refer to a tertiary service

#### Resources and further reading:

- <https://www.issvd.org/publications/patient-handouts>
- <https://www.bad.org.uk/pils/vulval-skincare/>
- British Association of Dermatologists guidelines for the management of lichen sclerosus, 2018 (<https://doi.org/10.1111/bjd.16241>)
- 2021 European guideline for the management of vulval conditions <https://onlinelibrary.wiley.com/doi/10.1111/jdv.18102>