



ST JOHN'S  
**DERM**  
ACADEMY



## PROGRAMME

# St John's DermAcademy Allergy and the Skin Course

Tuesday 25<sup>th</sup> April 2023



stjohnsderm



@StJ\_DermAcademy



# Welcome

Welcome to the St John's DermAcademy Allergy and the Skin Course. This live webinar course provides an overview of current practice, important clinical challenges and recent advances in food and drug allergy diagnostics and management.

<p><b>Joining instructions</b></p>	<p><b>We STRONGLY recommend that you log in on Monday 24<sup>th</sup> April</b> (platform will be available from 10am) to ensure a smooth and prompt login process on the event day.</p> <ul style="list-style-type: none"> <li>Log in to <a href="https://stjohnsdermacademyvirtual.com/">https://stjohnsdermacademyvirtual.com/</a> using your email you registered with on Eventbrite. <b>Please copy and paste this above link into your web browser</b> using the latest version of Google Chrome for the best experience (Firefox is a suitable alternative).</li> <li>Click the <b>'Watch Live'</b> tab</li> <li>Click the <b>'Play'</b> icon on screen to see and hear the short pre-event video.</li> <li>If you have any problems logging in or watching the pre-event video, please immediately contact <a href="mailto:dermsupport@procreation.tv">dermsupport@procreation.tv</a> This must be done on Wednesday 1<sup>st</sup> March so that the technical support team have enough time to troubleshoot any issues with you, to ensure a smooth and prompt login on the event day.</li> </ul> <p><b>To join on the event day (Tuesday 25<sup>th</sup> April) please simply return to <a href="https://stjohnsdermacademyvirtual.com/">https://stjohnsdermacademyvirtual.com/</a>, log in again using your email, and click the 'Watch live' tab.</b></p>
<p><b>CPD points</b></p>	<ul style="list-style-type: none"> <li>We are delighted to have been awarded 5 CPD credits for this course</li> <li>CPD code: <b>143669</b></li> </ul>
<p><b>Feedback &amp; certificates of attendance</b></p>	<ul style="list-style-type: none"> <li>Please kindly complete our online evaluation form at the end of the course on the "Feedback" tab on the platform.</li> <li>Certificates of attendance will be emailed to you within 1 week.</li> </ul>
<p><b>Photography/video</b></p>	<ul style="list-style-type: none"> <li>Strictly no photography or recording of the webinar is allowed.</li> </ul>
<p><b>Online access to course content</b></p>	<ul style="list-style-type: none"> <li>Recorded content will be available for 1 month after the course.</li> <li>Recorded content is at the discretion of each presenter and therefore may not include all content such as clinical images.</li> <li>Online access will be emailed as soon as available following the event.</li> </ul>
<p><b>Exhibitors</b></p>	<ul style="list-style-type: none"> <li>Please meet our sponsors and explore their virtual exhibition stands during the dedicated sponsor sessions at : <b>10:55-11.10 and 14.45-15:00.</b></li> <li>The joining links for the virtual stands are on the "Sponsors" tab in the webinar platform. Thank you.</li> </ul>
<p><b>Trouble shooting</b></p>	<ul style="list-style-type: none"> <li><b>For the best user experience, we DO NOT recommend joining from your mobile phone.</b> However, should you choose to join via your mobile, please download the CloudPresenter IOS App and use the following URL to connect to the meeting: <a href="https://app.cloudpresenter.com/live/dermacademy/eab7wl5k">https://app.cloudpresenter.com/live/dermacademy/eab7wl5k</a></li> <li>If you have any issues logging in please email <a href="mailto:dermsupport@procreation.tv">dermsupport@procreation.tv</a></li> <li>If you have issues navigating the webinar platform please send a message on the "Help" tab and we will try to assist you.</li> <li>We will also be monitoring our email <a href="mailto:info@stjohnsdermacademy.com">info@stjohnsdermacademy.com</a></li> </ul>



# Allergy and the Skin Course Programme

## 25<sup>th</sup> April 2023

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<b>09.00 – 09.30</b>	<b>Registration / Sponsor videos</b>	
09.30 – 09.35	Welcome	
	<b>Section 1</b>	
09.35 – 10.05	What dermatologists need to know about presentations of drug allergy (clinical history, before tests)	Prof Margarida Gonçalo
10.05 – 10.35	Severe cutaneous drug eruptions and their management	Prof Mike Ardern-Jones
<b>10.35 – 10.55</b>	<b>MORNING BREAK</b>	
10.55 – 11.10	Meet the sponsors	
	<b>Section 2</b>	
11.10 – 11.40	Allergists approach to diagnosing drug allergy	Dr Chris Rutkowski
11.40 – 12.10	Dermatologists approach to diagnosing drug allergy	Dr Ying Teo
12.10 – 12.25	Quiz (1)	
<b>12.25 – 13.25</b>	<b>LUNCH BREAK</b>	
	<b>Section 3</b>	
13.25 – 13.55	Stevens-Johnson syndrome (SJS)/Toxic epidermal necrolysis (TEN)	Dr Tess McPherson
13.55 – 14.25	Just when you thought it was safe.... Anaphylaxis when you least expect it	Dr Lene Garvey
14.25 – 14.45	<b>AFTERNOON BREAK</b>	
14.45 – 15.00	Meet the sponsors	
	<b>Section 4</b>	
15.00 – 15.30	Update on presentation, diagnosis and investigation of food allergy	Prof Alexandra Santos
15.30 – 15.50	The exposome in atopic dermatitis	Prof Carsten Flohr
15:50 – 16:05	Quiz (2)	
<b>16.05 – 16.30</b>	<b>Panel Q&amp;A</b>	
16.30	Close	



# Speakers' Biographies



## **Professor Carsten Flohr**

**St John's Institute of Dermatology**

**Guy's & St Thomas' NHS Foundation Trust and King's College London**

Professor Flohr studied at Cambridge and Oxford Universities and then trained in both paediatrics and dermatology.

He was the first UK National Institute for Health Research (NIHR) Clinician Scientist in Dermatology (2009-2014) and the only dermatologist awarded a Career Development Fellowship from the NIHR (2014-2019).

Professor Flohr directs the Unit for Population-Based Dermatology Research at St John's Institute of Dermatology, King's College London, where he holds the Chair in Dermatology and Population Health Science. He has a particular interest in novel methods of atopic dermatitis (AD) prevention (early life risk factors) and therapeutics, especially in severe AD.

He is Chief Investigator of the UK-Irish TREATment of severe eczema in children Trial (TREAT), which compares cyclosporine with methotrexate in children with recalcitrant atopic eczema. He is also Chief Investigator of the Softened water for eczema prevention trial (SOFTER), the UK-Irish Atopic Eczema Systemic Therapy Register (A-STAR), and the EU-funded TRANS-FOODS consortium.

Professor Flohr is a Founding Director of the International Eczema Council and Past President of the British Society of Paediatric Dermatology.

He leads the European treatment guideline for atopic eczema.

He is also Founding Editor of the Evidence-Based Dermatology Section of the *British Journal of Dermatology* and the Clinical Trials Editor of the *F1000 Atopic Dermatitis* Section.



# Speakers' Biographies



**Professor Alexandra Santos, MD PhD**  
**Honorary Consultant in Paediatric Allergy, Evelina Children's Hospital**  
**Guy's & St Thomas' NHS Foundation Trust**

Professor Alexandra Santos is Full Professor of Paediatric Allergy at King's College London and Honorary Consultant in Paediatric Allergy at the Evelina London Children's Hospital.

Professor Santos qualified in Medicine from the University of Coimbra and completed her PhD in Allergy and Immunology at King's College London, supervised by Professor Gideon Lack. Over the years, Professor Santos has continued to combine clinical activity in Paediatric Allergy with clinical and laboratory translational research into food allergy.

The Santos Lab aims to improve the accuracy and safety of food allergy diagnosis and our understanding of the mechanisms of food allergy and oral tolerance in IgE-sensitised children in order to identify new targets for definitive treatment of food allergy.

Professor Santos has received prestigious awards from the Medical Research Council (MRC): an MRC Clinical Research Training Fellowship, an MRC Centenary Early Career Award, the MRC Clinician Scientist Fellowship and MRC Transition Fellowship. She has also obtained funding from the NIH for her work in the LEAP Study, from Food Allergy Research and Education (FARE), Asthma UK, BBSRC and the Rosetrees Trust.

Professor Santos is Past- Chair of the Board of the Food Allergy Interest Group of European Academy of Allergy and Clinical Immunology (EAACI) and Chair of the upcoming EAACI Food Allergy Guidelines.



**Professor Margarida Gonçalo**  
**Head of Department of Dermatology, Centro Hospitalar de Coimbra,**  
**Portugal**

Professor Margarida Gonçalo is the head of the Dermatology Department at the Central Hospital and University of Coimbra (CHUC) and Invited Auxiliary Professor of Dermatology at the University of Coimbra.

Professor Gonçalo is responsible for the Unit of Cutaneous Allergy, Chronic Urticaria and immuno-inflammatory skin diseases at CHUC, coordinating or collaborating in national and international multicentre studies in atopic dermatitis, urticaria, chronic prurigo, contact dermatitis, occupational dermatology, photosensitivity and drug eruptions.

She is author/co-author of 34 book chapters, more than 300 papers in peer-reviewed journals, mostly in the area of contact dermatitis, chronic urticaria, photosensitivity, drug eruptions, atopic dermatitis, and clinical dermatology. She has performed more than 250 invited lectures, mostly in International Congresses, and collaborated in the organization or scientific committees of National and International courses and congresses.

Professor Gonçalo is a member of the Editorial Board of Contact Dermatitis, Journal of the EADV, European Journal of Dermatology and is Editor-in-Chief of the Portuguese Journal of Dermatology and Venereology.





# Speakers' Biographies



**Professor Dr Michael R. Ardern-Jones BSc, MBBS, DPhil, FRCP**  
**University of Southampton**

Professor Michael Ardern-Jones trained in Dermatology at St John's Institute of Dermatology, London and subsequently Oxford. His DPhil (PhD) at Oxford explored the immunology of atopic dermatitis. He was appointed to University Hospitals Southampton NHS Trust and to the Faculty of Medicine, University of Southampton in 2007.

He has a specific academic interest in inflammatory skin disease and leads the clinical service for eczema, skin allergy and drug hypersensitivity reactions. Professor Ardern-Jones has long-standing research interest in all aspects of drug hypersensitivity including: immunological mechanisms, long term outcomes and therapy. His research team comprises MSc students post-doctoral scientists, PhD students, clinical fellows and technicians. Professor Ardern-Jones is the Drug allergy module leader for University of Southampton MSc Allergy.

Professor Ardern-Jones previously served as President of the British Society for Medical Dermatology and Chair of the British Society for Investigative Dermatology. He also chairs The Skin Investigation Society. He is lead author on the Drug allergy chapters in Rook's Textbook of Dermatology. He is an expert advisor to NICE and the MHRA on dermatology.

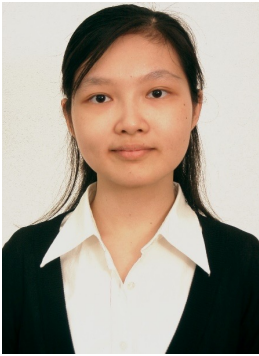


**Dr Chris Rutkowski MD, PhD**  
**Consultant Allergist**  
**Guy's & St Thomas' NHS Foundation Trust**

Dr Chris Rutkowski MD, PhD is a consultant allergist at the Department of Allergy at Guy's and St Thomas' Hospital in London. He has extensive experience in all aspects of adult allergy care. His special clinical and research interests include drug allergy, complex urticaria and anaphylaxis. Dr Rutkowski developed the largest anti-IgE (omalizumab) service for chronic spontaneous urticaria in the UK. He works alongside his dermatology colleagues in the first UK joint allergy/ dermatology Difficult Urticaria Clinic at St John's Institute of Dermatology. He is a member of the expert panel group for the revision of the international EAACI/GA<sup>2</sup>LEN/UCARE urticaria and angioedema guidelines. He is also a member of the EAACI taskforce on paediatric urticaria. Dr Rutkowski is a published author in the field of drug allergy and contributes increasingly to the education and training of MSc students, allergists/dermatologists, GPs and general physicians at a national and international level.



# Speakers' Biographies



**Dr Ying Teo**  
**Senior Clinical Fellow, St John's Institute of Dermatology**  
**Guy's and St Thomas' NHS Foundation Trust**

Dr Teo graduated from the University of Cambridge and is a Senior Clinical Fellow at St John's Institute, with an interest in cutaneous allergy and delayed drug hypersensitivity. She has been actively involved in delivery of dermatology and allergy education to undergraduate and postgraduate students.



**Dr Tess McPherson MA MBBS MD FRCP**  
**Consultant Dermatologist, Senior Clinical Lecturer & Clinical Lead for**  
**Paediatric and Adolescent Dermatology**  
**Oxford University Hospitals**

Dr Tess McPherson is a Consultant Dermatologist, Senior Clinical Lecturer & Clinical Lead for Paediatric and Adolescent Dermatology at Oxford University Hospitals and current President of the British Society for Paediatric and Adolescent Dermatology (BSPAD).

Through her clinical work and national roles with BAD and the BSPAD team, Dr McPherson is committed to providing better services and support for this vulnerable population and improved education for health-workers. In Oxford she has established an award-winning service for young people with skin conditions that integrates psychological support. She was lead clinician on an NIHR funded project to develop a web resource for young adults with skin disease on [healthtalk.org](http://healthtalk.org), works with charities and patient groups to improve resources including the recently updated BSPAD website and has written a book: 'Skin Conditions in Young People: A practical guide on how to be comfortable in your skin'.

Dr McPherson is active in national and international paediatric and adolescent dermatology including education, monitoring effects of medications on children and young people (BADBIR registry), patient information and national guidelines.

She was lead author on the British Association of Dermatology (BAD) guidelines for the management of SJS/TEN in paediatrics and adolescents, has written patient information and is currently undertaking qualitative research on the longer term impacts of this condition in children, young people and their families.



# Speakers' Biographies



**Dr Lene Heise Garvey, Associate professor, MD, PhD**  
**Danish Anaesthesia Allergy Centre, Allergy Clinic, Gentofte Hospital and**  
**Department of Clinical Medicine**  
**University of Copenhagen, Denmark**

Dr Lene Heise Garvey is a specialist in Anaesthesiology with subspecialisation in Allergology. She is co-founder and Head of the Danish Anaesthesia Allergy Centre, the Danish National Reference Centre for investigation of perioperative hypersensitivity. She is an Associate Professor at the University of Copenhagen and a consultant in the Allergy Clinic, Gentofte Hospital, Denmark. She is vice chair of the Danish Society of Allergology and secretary of the EAACI Drug Allergy Interest Group. Research interests include all aspects of anaphylaxis and perioperative hypersensitivity, drug allergy in general, and allergy to chlorhexidine, polyethylene glycol and other rare or hidden allergens.





## Sponsors and Exhibitors

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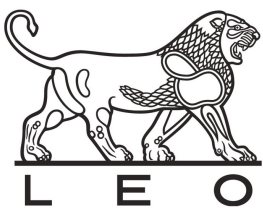
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Sanofi Genzyme & Regeneron focus on developing specialty treatments for debilitating diseases that are often difficult to diagnose and treat. Sanofi Genzyme and Regeneron are committed to providing resources to advance research in dermatology in areas of unmet medical needs among patients with inadequately controlled moderate-to-severe atopic dermatitis



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# Listen to our latest podcast from St John's DermAcademy



Our Podcasts are delivered to you by clinicians and academics at St John's Institute of Dermatology and invited speakers.

The aim of our podcasts is to update you and share practical tips on how experts in their field diagnose and treat common dermatological conditions in our short episodes that you can easily listen to whilst on the go. Our podcasts are targeted at healthcare professionals including dermatology consultants, dermatology trainees, GPs and specialist nurses. We hope you find these podcasts a useful way to stay up to date and build your knowledge in dermatology. Find our podcast episodes and additional learning material on our website: [www.stjohnsdermacademy.com/podcasts](http://www.stjohnsdermacademy.com/podcasts)



**EPISODE 1:** How I diagnose and treat facial hyperpigmentation, with Dr Emma Craythorne



**EPISODE 2:** Cutaneous manifestations of COVID-19, with Dr Rachel Morris Jones



**EPISODE 3:** Occupational dermatoses during the COVID-19 pandemic, with Dr Felicity Ferguson



**EPISODES 4 and 5:** Cutaneous Sarcoidosis. Part 1: Definition, epidemiologic and clinical features. Part 2: Screening for systemic involvement and treatment, with Dr Sarah Walsh



**EPISODES 6 and 7:** Acne Scarring. Part 1: Introduction. Part 2: Treatment, with Dr Rakesh Patalay



**EPISODES 8 and 9:** Paediatric Psychodermatology. Part 1: An introduction and practical approach, with Dr Susannah Baron Part 2: Management of children and young people, with Dr Rukshana Ali

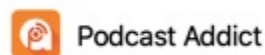
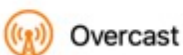
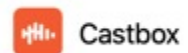


**EPISODES 10 and 11:** Vitiligo. Part 1: An introduction and practical approach. Part 2: Management, with Dr John Ferguson



**EPISODES 12 and 13:** Vulval skin conditions. Part 1: History & Examination. Part 2: Management, with Dr Fiona Lewis

## Listen to this podcast on





# St John's DermAcademy Events



St John's Institute of Dermatology is one of the world's leading centres for the care of patients with skin disease. We are the largest clinical dermatology department in the UK and are an internationally recognised centre of research in skin disease.

St John's DermAcademy aims to provide dermatology education of the highest quality which is evidence based, clinically focused and tailored to the specific needs of those who attend our courses. Our courses are delivered by leading St John's Institute of Dermatology clinicians, academics and invited speakers.

## Upcoming Courses:

<b>Oral and Anogenital Dermatology Course</b>	<b>11<sup>th</sup> and 12<sup>th</sup> May 2023</b>
<b>Skin Biopsy Course</b>	<b>15<sup>th</sup> and 16<sup>th</sup> June 2023</b>
<b>High Intensity SCE Revision Course</b>	<b>10<sup>th</sup> August 2023</b>
<b>Clinical Dermatology Care Course</b>	<b>September – December 2023</b>
<b>Dermoscopy Course</b>	<b>17<sup>th</sup> November 2023</b>
<b>A Day @ St John's</b>	<b>14<sup>th</sup> December 2023</b>

For more information on the above courses and to book, please see our website [www.stjohnsdermacademy.com](http://www.stjohnsdermacademy.com) and visit our 'Events' page.

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