



Episode 6: Acne scarring - Part 1: introduction to atrophic acne scarring



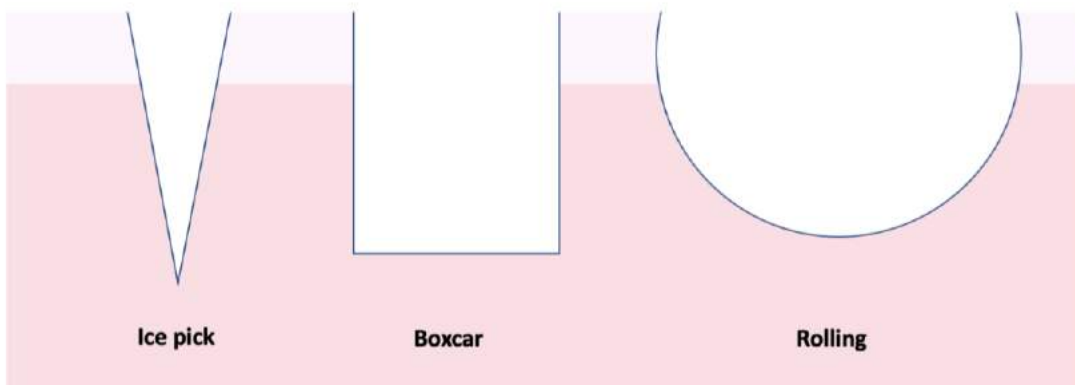
Dr Rakesh Patalay, Consultant Dermatologist at St John's Institute of Dermatology

In this episode we discuss...

- What causes acne scarring
- When to treat
- How to assess patients
- Different types of atrophic acne scars

Atrophic Acne Scarring Subtypes

Adapted from Jacob et al 2001. 'Acne Scar Subtypes'



Grades and examples of Post Acne Scarring

Adapted from Goodman et al 2006. 'Qualitative Assessment Method for Acne Scarring'

Grade	Level of disease	Characteristics	Examples of scars
1	Macular disease	Erythematous, hyper- or hypopigmented flat marks visible to patient or observer irrespective of distance.	Erythematous, hyper- or hypopigmented flat marks
2	Mild disease	Mild atrophy or hypertrophy that may not be obvious at social distances of 50 cm or greater and may be covered adequately by	Mild rolling, small soft papular

		makeup or the normal shadow of shaved beard hair in males or normal body hair if extrafacial.	
3	Moderate disease	Moderate atrophic or hypertrophic scarring that is obvious at social distances of 50 cm or greater and is not covered easily by makeup or the normal shadow of shaved beard hair in males or body hair if extrafacial but is still able to be flattened by manual stretching of the skin.	More significant rolling, shallow “box car,” mild to moderate hypertrophic or papular scars
4	Severe disease	Severe atrophic or hypertrophic scarring that is obvious at social distances of 50 cm or greater and is not covered easily by makeup or the normal shadow of shaved beard hair in males or body hair (if extrafacial) and is not able to be flattened by manual stretching of the skin.	Punched out atrophic (deep “box car”), “ice pick”, bridges and tunnels, gross atrophy, dystrophic scars significant hypertrophy or keloid

References and further reading:

Acne Scar Assessment

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